

Winter 2024/25



The Gateway, Bexhill

Welcome to the latest edition of The Gateway Newsletter. Read on to find out what is happening in your local area and to find out about the various travel options available to you. If you would like to contribute towards future issues or provide us with any feedback, please email us at travelplans@stuartmichael.co.uk

Enjoying the Outdoors this Winter:

Just because the temperature has dropped and the daylight hours are shorter, it doesn't mean you can't still enjoy nature and the outdoors during the winter.

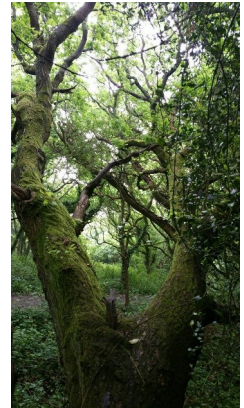
Wherever and however you choose to explore, Komoot has a route for that. From hand-picked guides of the world's most epic outdoor experiences, to **ready-built routes in your area that can be filtered by distance, difficulty and public transport links**—Komoot helps you find your perfect adventure, whether it's a mountain range away or in your own back-yard.

There are plenty of routes of different difficulties and durations available. The Komoot App is available for Android and IOS or can be found at: <https://www.komoot.com/plan>

Speckled Wood is a 12.7-acre (5.1 ha) woodland and park in Ore Village in the Ore Valley, Hastings, East Sussex, United Kingdom. The woodland park consists of woodland trails and clearings. The wood is a habitat to a wealth of mammals, birds and invertebrates. There is a stream that runs right through the wood. Speckled Wood, together with nearby fragments of woodland and tree belts, represents a sizeable proportion of green space within the urban area of Hastings and is a conspicuous landscape feature. It is a core area of natural habitat within the town. It is possible to enter the natural area from points within Ore Village using the long established footpaths.

For more walks in and around Bexhill, visit:

<https://www.visit1066country.com/things-to-do/outdoors/walks/walks-in-bexhill-and-around>



WHY NOT SHARE YOUR CAR JOURNEY?

The East Sussex Car Share Scheme allows you to find other drivers online to share a lift with. There are so many benefits of car sharing such as meeting new people, reducing your travel costs and minimising your carbon footprint. Car sharing can be done when travelling to work, going shopping or even the school run.

Sign up and start saving at <https://liftshare.com/uk/community/eastsussexcarshare>



Carshare



Did you know?

- Ditching your car for just one mile a day, twice a day, could save you around £40 in fuel over a year, and reduces your annual CO₂ imprint by about 76kg.
- The possible savings if you could avoid a 31-mile (50km) round trip once a week could be as high as £140 and 275kg in CO₂ a year.

Visit: www.moneywise.co.uk

moneywise



For more information relating to the implementation of the Travel Plan please contact us at:

travelplans@stuartmichael.co.uk



Keep Cycling in the Winter:

It's colder, darker, and wetter, but cycling to work can still be the highlight of your day if you have the right equipment and attitude. The UK weather is rarely bad enough to stop you cycling. So long as you're prepared, riding your bike remains comfortable, convenient, and satisfying.

Getting outside in the fresh air regularly is good for your mental health too. Plus you'll experience the slow change of the seasons first hand, and as well as gloomy days there will be crisp, clear sky ones that beg to be experienced by bike.

Cycling this Winter - How to Stay Safe

Ride with the flow of traffic, not against it: Some cyclists mistakenly believe they should ride *against* traffic because this advice applies to pedestrians. However, bikes are safest when they follow the same rules of the road that apply to motor vehicles.

Check your bike: Give it a check over to make sure everything is still screwed tightly, all intact and ready for the road. Make sure the tread on the tyres aren't too worn and pump them up to the correct pressure so you're prepared for whatever comes your way.

Light Up: In winter, this is arguably more important as it can get very gloomy on overcast winter days when the sun is at its weakest. It's illegal to ride a bike in the dark without lights and reflectors so make sure your bike has good lights, fitted where they can be seen. Small, light and very bright rechargeable LED lights can be commonly found and won't break the bank. Why not visit your local cycles store.

Get your gear on!: People may see your bike by now but they might not see you. Accessorise yourself, put on your reflective gear, helmet, appropriate shoes, sunglasses and even gloves.

Plan ahead: Plan your route before you go. Make use of the various designated cycle paths and check the weather. This will not only make sure you arrive on time but avoid any accidents or delays along the way.

For those who are looking for other people to cycle with, make sure you check out the local club finder at:
www.britishcycling.org.uk/clubfinder

To find out more about the various cycling routes within the areas, please take a look at East Sussex County Council's Interactive Map at <https://row.eastsussex.gov.uk/standardmap.aspx>

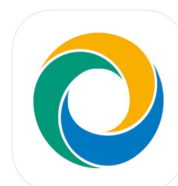
Where to find your bus stops:

The nearest bus stop to your home is Glovers House Bus Stop, located on Mount View Street, approximately 750m from your home. From this bus stop you can access the different areas of Bexhill Mondays – Saturdays via the 94/94A service (Operated by Stagecoach).

Bus Time Information

Real time bus information can be accessed on the Stagecoach app. It is also possible to download mobile day and weekly tickets and view timetables from the app. Download from the App Store on Apple or Android by searching 'Stagecoach'.

To help you plan your journey you can text the bus stop code from which you are travelling from to **Traveline '84268'** and receive the real time information for upcoming services. Or you can visit www.nextbuses.mobi and search for your bus stop online.



**STUART MICHAEL
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