

Summer 2023



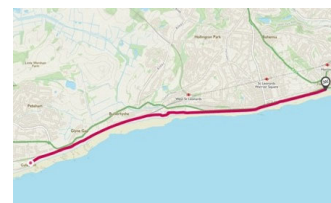
The Gateway, Bexhill

Welcome to the latest edition of the Gateway Newsletter. Read on to find out what is happening in your local area and to find out about the various travel options available to you. If you would like to contribute towards future issues or provide us with any feedback, please email us at travelplans@stuartmichael.co.uk

Hastings and Bexhill Waterfront

With the weather getting warmer, it is the perfect time to get on your bike!

This is a fantastic coastal cycle route ideal for beginners and families. It runs alongside a railway line, linking two existing paths to complete a 5km traffic-free route from Hastings to Bexhill or vice versa! As you come into the seaside resort of Bexhill-on-sea, the traffic free path ends and you join the De La Warr Parade.



For more information on this route, please visit the Sustrans website at:

www.sustrans.org.uk/find-a-route-on-the-national-cycle-network/hastings-and-bexhill-waterfront/

Changing your commute

When commuting to your place of work, rather than driving, why not try cycling there instead? Many towns have created new cycle lanes to provide safe spaces for cycling. If you don't have a bicycle, online retailers such as Chain Reaction Cycles and Wiggle have some great offers. The government also offers the Cycle to Work scheme, which allows you to get a bicycle via a salary sacrifice scheme. More information can be found at: www.cyclescheme.co.uk.



Why not join a new club this summer?

Bexhill Ramblers Club:

Bexhill Ramblers Club is a friendly and sociable group of walking enthusiasts who meet on Tuesdays and Saturdays. The Club is open to all ability levels, from beginners to experts and beyond. Their routes take them around Bexhill, providing its members with exciting variety. It is the perfect way to maintain or even boost fitness levels, in a way that the whole family can join.

More information is available at: <https://bexhillramblers.wixsite.com/walking>

Hastings Parkrun:

The Gateway residents can take advantage of the nearby Hastings Parkrun. Parkrun is a free 5k running event held every Saturday morning at 9am at Seaside Road, TN38 0AG. Parkrun offers the perfect place for beginners to develop their running skills, or for the more experienced to beat their personal best.

Find out more at: <https://www.parkrun.org.uk/hastings/>

Bexhill Cricket Club:

An inclusive, family friendly club that has a number of competitive senior teams, junior teams, and social teams. Games are typically played on Saturdays, with training throughout the week. The clubhouse is located at Polegrove Sports Ground, TN39 3HA.

Find out more at: <https://bexhill.play-cricket.com/Aboutus>



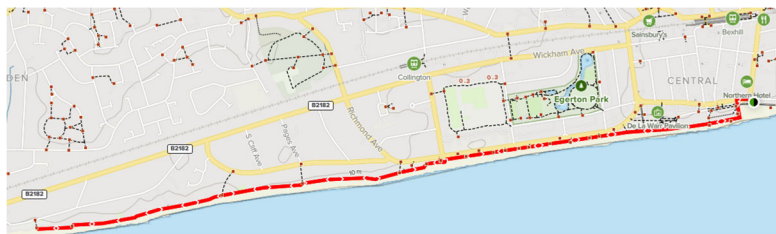
For more information relating to the implementation of the Travel Plan please contact us at:

travelplans@stuartmichael.co.uk



Bexhill Promenade to Cooden Beach Walk

The walk along Bexhill Promenade to Cooden Beach is a scenic coastal 6.3km loop. It is accessible to walkers of all ages and abilities, making it the ideal location for a weekend family stroll.



The route is flat and easy to navigate, meaning you can give the stunning views your full attention. Along the route, there are various places to take a break and explore. Adjacent to the beach is the De La Warr Pavilion, which hosts art exhibitions, live music, and comedy nights. It also has a Café Bar that provides a much needed rest after your walk.

For more information, head to:

<https://www.alltrails.com/trail/england/east-sussex/brexhill-promenade-to-cooden-beach>

Bexhill Wheelers

Bexhill Wheelers is a social cycling club which aims to promote healthy lifestyles through cycling. They are open to cyclists of all ages and ability levels, making it a truly inclusive group. Throughout summer, ending at the end of September, rides are held on Tuesday evenings at 6:30pm. The group meets in the De La Warr bandstand area.

Every Thursday at 10:00am, the group meets for a ride, meeting in the same place.

For more information, visit: <http://www.bexhillwheelers.org.uk/>



Where to find your bus stops:

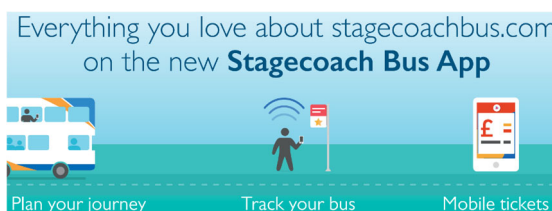
The nearest bus stop to your home is Glovers House Bus Stop, located on Mount View Street, approximately 750m from your home. From this bus stop you can access the different areas of Bexhill via the 98/98A service (Operated by Stagecoach).

Bus Time Information

Real time bus information can be accessed on the Stagecoach app. It is also possible to download mobile day and weekly tickets and view timetables from the app. Download from the App Store on Apple or Android by searching 'Stagecoach'.

New to the App? Head to <https://www.stagecoachbus.com/> and click 'FAQs and Contact' then 'Help Using the App' for more information on how to use the app and neat tricks, or head to www.stagecoachbus.com/promos-and-offers/national/stagecoachbusapp for a tutorial.

To help you plan your journey you can text the bus stop code from which you are travelling from to **Traveline '84268'** and receive the real time information for upcoming services. Or you can visit www.nextbuses.mobi and search for your bus stop online.



For more information relating to the implementation of the Travel Plan please contact us at:

travelplans@stuartmichael.co.uk

