

Summer 2021



Worsham Farm, Bexhill

Welcome to the latest edition of the Worsham Farm Newsletter. Read on to find out what is happening in your local area and to find out about the various travel options available to you. If you would like to contribute towards future issues or provide us with any feedback,

Keep Cycling

With the weather getting warmer, it is the perfect time to get on your bike!

So long as you're prepared, riding your bike remains comfortable, convenient, and satisfying. There are some fantastic cycle routes near your home and getting on a bicycle couldn't be easier. A list of cycle routes can be found at: <https://www.routeyou.com/en-gb/location/bike/47412604/cycling-in-bexhill-overview-of-all-cycle-routes>.

Changing your commute

When you do go back to your place of work, rather than driving, why not try cycling there instead? Many towns have created new cycle lanes to provide safe spaces for cycling. If you don't have a bicycle, online retailers such as Chain Reaction Cycles and Wiggle have some great offers. The government also offers the Cycle to Work scheme, which allows you to get a bicycle via a salary sacrifice scheme. More information can be found at: www.cyclescheme.co.uk.



There are various family friendly sports clubs in the local area to participate in, with a small selection detailed below. They offer a great way of meeting other people in Bexhill, as well as a place to improve fitness.

Bexhill Ramblers Club:

Bexhill Ramblers Club is a friendly and sociable group of walking enthusiasts who meet on Tuesdays and Saturdays. The Club is open to all ability levels, from beginners to experts and beyond. Their routes take them around Bexhill, providing its members with exciting variety. It is the perfect way to maintain or even boost fitness levels, in a way that the whole family can join. More information is available at:

<https://bexhillramblers.wixsite.com/walking>

Hastings Parkrun:

Worsham Farm residents can take advantage of the nearby Hastings Parkrun. Parkrun is a free 5k running event held every Saturday morning at 9am at Seaside Road, TN38 0AG. Parkrun offers the perfect place for beginners to develop their running skills, or for the more experienced to beat their personal best.

Find out more at: <https://www.parkrun.org.uk/hastings/course/>

Bexhill Cricket Club:

An Inclusive, family friendly club that has a number of competitive senior times, junior teams, and social teams. Games are typically played on Saturdays, with training throughout the week. The clubhouse is located at Polegrove Sports Ground, TN39 3HA.

Find out more at: <https://bexhill.play-cricket.com/Aboutus>



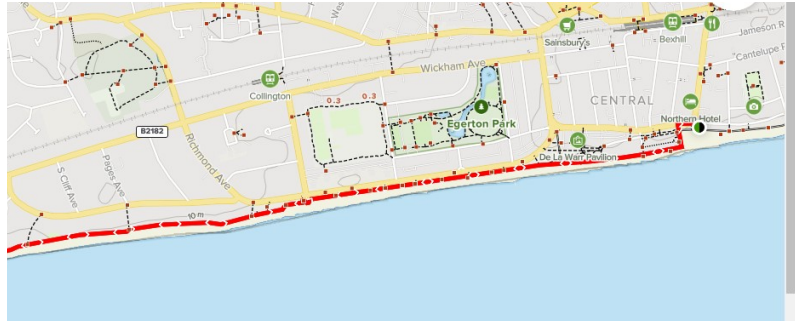
Bexhill Promenade to Cooden Beach Walk

The walk along Bexhill Promenade to Cooden Beach is a scenic coastal 6.3km loop. It is accessible to walkers of all ages and abilities, making it the ideal location for a weekend family stroll.

The route is flat and easy to navigate, meaning you can give the stunning views your full attention. Along the route, there are various places to take a break and explore. Adjacent to the beach is the De La Warr Pavilion, which hosts art exhibitions, live music, and comedy nights. It also has a Café Bar that provides a much needed rest after your walk.

Parking is available in the Pavilion car park, at the beginning of the route.

For more information, head to : <https://www.alltrails.com/trail/england/east-sussex/brexhill-promenade-to-cooden-beach>



Bexhill Wheelers

Bexhill Wheelers is a social cycling club who's members who aim to promote healthy lifestyles through cycling. They are open to cyclists of all ages and ability levels, making it a truly inclusive group.

Throughout summer, ending at the end of September, rides are held on Tuesday evenings at 18:30. the group meets in the De la Warr Pavilion car park.

Every Thursday at 10:30am the group meets for a ride, meeting in the same place.

For more information, visit: <http://www.bexhillwheelers.org.uk/>



Where to find your bus stops:

The nearest bus stop to your home is Glovers House Bus Stop, located on Mount View Street, approximately 750m from your home. From this bus stop you can access the different areas of Bexhill from 07:00am (Monday – Saturday) via the 98/98A service (Operated by Stagecoach).

Bus Time Information

Real time bus information can be accessed on the Stagecoach app. It is also possible to download mobile day and weekly tickets and view timetables from the app. Download from the App Store on Apple or Android by searching 'Stagecoach'.

New to the App? Head to <https://www.stagecoachbus.com/> and click 'FAQs and Contact' then 'Help Using the App' for more information on how to use the app and neat tricks, or head to [The Stagecoach Bus App | Stagecoach Bus](#) for a tutorial.

To help you plan your journey you can text the bus stop code from which you are travelling from to **Traveline '84268'** and receive the real time information for upcoming services. Or you can visit www.nextbuses.mobi and search for your bus stop online.

Everything you love about stagecoachbus.com on the new **Stagecoach Bus App**



For more information relating to the implementation of the Travel Plan please contact us at:

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