

Hareshill, Crookham Village

Winter 2024

Welcome to the Winter edition of the Hareshill newsletter. These newsletters are our way of keeping in contact with you, to let you know what's happening in your local area and to find out about the various travel options available to you. If you would like to contribute towards future issues or provide us with any feedback, please email us at travelplans@stuartmichael.co.uk.

Adapting your travel behaviours

Our Newsletters are here to provide you with information regarding what is going on in your local area, how you can reduce your impact on the environment through travel adaptations, and how you can get out to do some physical exercise! This Winter edition provides up-to-date information on your local public bus services and train services and also gives you some ideas for having fun outdoors even in the cold.

In the UK, we have become very reliant on our cars for getting around. Green House Gas emissions from transport accounts for almost 30% of the UK's total emissions. That is more than any other sector! Reducing your travel by car, and instead, increasing your travel on foot, by bicycle or public transport, you can do your part to reduce the country's environmental impact.

Train Services

Fleet Railway Station is your closest train station, approximately 3km from your home, a 7 minute cycle. Fleet Railway Station offers a high frequency of services to Farnborough, Basingstoke, Winchester, London Waterloo and Portsmouth Harbour.

Information about the station and live departure times can be found on the following website:

www.southwesternrailway.com



Scan the QR code to fill in our short sustainable travel survey for a chance at winning a £50 Waitrose voucher!

Bus Services

The timetables for all your local Stagecoach services can be accessed online (www.stagecoachbus.com) or you can download the app which has live bus information, mobile bus tickets, and journey planning.

Stagecoach are making their fleet more sustainable. All of their fleet run on Ultra Low Sulphur Diesel, with an additive Envirox which reduced pollution and improves fuel consumption. By travelling using the local bus services, you are helping to reduce your carbon footprint and working towards a more sustainable future!

The recently increased Government £3 bus fare cap is due to run from December 2024 to the end of 2025 on selected bus services and routes as announced by the Prime Minister on Monday 28th October 2024. For more information and guidance visit: <https://www.gov.uk/government/speeches/national-bus-fare-cap>



For more information relating to the implementation of the Travel Plan please contact us at:

travelplans@stuartmichael.co.uk

Keep Cycling in the Winter

It's getting colder and darker, but cycling to work can still be the highlight of your day if you have the necessary equipment and a positive attitude. So long as you're prepared, riding your bike remains comfortable, convenient, and satisfying.

Getting outside in the fresh air regularly is good for your mental health too. Plus you'll experience the slow change of the seasons first hand, and as well as gloomy days there will be crisp, clear sky ones that beg to be experienced by bike.

Being a safe cyclist

To be a safe cyclist, there are a few key things that you should remember;

- Make sure you have water with you. Cycling is a great form of exercise but can be tiring, so be sure to carry fluids with you.
- Check your bike regularly for signs of wear and get it fixed if needed. Most bicycles are easily maintainable at home and some basic checks, such as making sure tyres are pumped up and the brakes work properly, will keep your bike in good condition.
- Read up on cycle safety. If you are cycling on the road, you need to use the appropriate hand signals and stick to the correct side of the road. Make sure your bike has reflectors and/or lights and that you have a helmet.

Never cycle with music playing, on a bicycle you often hear of vehicles approaching before you see them, and you need to be aware of other road users when on the road

Enjoying the Outdoors this Winter

Just because the temperature is dropping and the daylight hours are getting shorter, it doesn't mean you can't still enjoy nature and the outdoors during the Winter.

Winter is one of the best times to watch snow fall, giving the environment a magical feeling. Head to the Edenbrook Country Park, a 1.4km walk from your home and see what you can find!

For more information visit:

<https://www.hart.gov.uk/edenbrook-country-park>

In addition, you can register for the Edenbrook County Park Parkrun event every Saturday morning at 9am. Whether you want to complete the 5k, volunteer or spectate, this free event is the perfect way to enjoy the outdoors this winter and take part in some physical activity, improving your mental wellbeing. For get involved go to:

<https://www.parkrun.org.uk/edenbrookcountry/>

Edenbrook Country Park is also home to four WWII pill boxes, bike trails and an array of unique wildlife, from barn owls to lizards. The site has free parking, wheelchair access, a play area, café and toilet facilities and is dog-friendly too.

Looking for new walks in your area? Check out routes on Map My Walk created by people in your area:

<https://www.mapmywalk.com/gb/fleet-eng/>

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