

LIBERTY PLACE, HAILSHAM

# NEWSLETTER



## Welcome to the Summer edition of the Liberty Place Sustainable Travel Newsletter!

Read on to find out what is happening in your local area and to find out about the various travel options available to you.

If you would like to contribute to future issues or provide us with any feedback, please email us at: [travelplans@stuartmichael.co.uk](mailto:travelplans@stuartmichael.co.uk).

### ● ENJOYING THE OUTDOORS THIS SUMMER

There are plenty of walks in and around **Abbots Wood**, a nature reserve southwest of Hailsham, including a 12.2km circular walking route that starts and ends at South Road Car Park, BN27 2AU. The route takes approximately 3 hours to complete and joins the **Cuckoo Trail**.



The **Cuckoo Trail** is part of the National Cycle Network (route 21) and is a former railway that is now a 16.8km footpath and cycleway. The route runs from Hampden Park to Heathfield in East Sussex and passes through Hailsham. The route takes you through woodland, open grassland and pasture, with plenty of wildlife to spot along the way!

For more information and other walks, visit:

[www.alltrails.com/en-gb/england](http://www.alltrails.com/en-gb/england)

## ● PUBLIC TRANSPORT

Your nearest bus stop is the **Greenwich Road Bus Stop**, on Greenwich Road. This bus stop is served by bus service H1, offering a local stopping service on Mondays, Wednesdays, Fridays and Saturdays to Berwick Station via Hailsham High Street. From the bus stops along Hailsham High Street, services are operated by Stagecoach South East, Cuckmere Buses and Brighton & Hove Buses, providing services to Brighton, Eastbourne, Berwick, Lewes and more.

For the latest timetables, please visit:

[www.traveline.info](http://www.traveline.info)

[www.cuckmerebuses.org.uk](http://www.cuckmerebuses.org.uk)

[www.stagecoachbus.com](http://www.stagecoachbus.com)

[www.buses.co.uk](http://www.buses.co.uk)

Your nearest railway station is **Polegate Train Station**, a 22 minute cycle along the National Cycle Network Route 21. The station offers services to Hastings, Brighton, Eastbourne, London Victoria and London Gatwick Airport.

For more information visit:

[www.nationalrail.co.uk/stations/polegate/](http://www.nationalrail.co.uk/stations/polegate/)

## ● CYCLING THIS SUMMER

The **Eastbourne Rovers Cycling Club** welcomes people of all abilities to their social, racing and touring group rides around the Sussex countryside. For more information visit:

[www.eastbournrovers.club/](http://www.eastbournrovers.club/)



## WHY NOT SHARE YOUR CAR JOURNEY?

Car-sharing is an efficient, eco-friendly alternative way of travelling. **Liftshare** provides a website and mobile app to share your car journeys and view others. This allows you to save money and avoid hassle, as well as helping cut down greenhouse gas emissions.

For more information visit:

[www.liftshare.com/uk/community/eastsussexcarshare](http://www.liftshare.com/uk/community/eastsussexcarshare)

## ● FLEXIBUS – BOOKABLE RIDESHARE

In addition, **Flexibus** covers 90% of East Sussex, connecting you with your local area and the wider transport network. This on-demand service can take you anywhere you need to go along routes not already served by public transport within a 14-mile radius of your pick-up point.

For more information, go to:

[www.eastsussex.gov.uk/roads-transport/public/buses/flexibus](http://www.eastsussex.gov.uk/roads-transport/public/buses/flexibus)